



## JOHNS HOPKINS ORTHOPAEDIC AND SPINE SURGERY

**Top left to right: Johnathan Forsberg, MD; Daniel Valaik, MD; Jay Khanna, MD; Bashir Zikria, MD. Bottom left to right: John Volatile, PA-C; Megan Lampron, PA-C; Kevin Woodward, PA-C. Not pictured: Richard Schaefer, MD.**

The Johns Hopkins Orthopaedic and Spine Surgery practice in the National Capital Region provides high-quality care to patients with sports injuries, hip and knee pain, spine disorders, musculoskeletal tumors, and other orthopaedic conditions. Whether it's a herniated disc or a torn ligament that keeps you from enjoying life, we can help. With locations in Bethesda, MD and Washington, DC, our team of nationally recognized orthopaedic surgeons offers the expertise you expect from Johns Hopkins in the greater Washington area.

We pride ourselves on maximizing nonsurgical treatments when possible. If surgery is needed, we consider minimally invasive techniques first to limit tissue damage and recovery times. We're experienced in procedures such as total hip and knee replacements, cervical and lumbar spine surgeries, arthroscopic ACL and rotator cuff repairs, and more.

Our team works closely with physical therapists, rehabilitation physicians, neurologists, rheumatologists and other specialists to deliver well-rounded care. For highly complex cases, we coordinate with our colleagues in Baltimore to get you the treatment you need. To learn more about our services in the DC region, visit [hopkinsortho.org/dcregion](http://hopkinsortho.org/dcregion).

### SPECIALIZATION

Joint (hip, knee and other) Arthroplasty; Spine Surgery; Sports Medicine; Arthroscopy; Musculoskeletal Oncology (tumors); General Orthopaedic Surgery; Fracture Care

### DESIGNATIONS, AFFILIATIONS AND AWARDS

Faculty Members, Department of Orthopaedic Surgery, Johns Hopkins University; Board Certified Orthopaedic Surgeons; Fellows, American Academy of Orthopaedic Surgeons; Top Docs, Washingtonian

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